

Chores by Age



Every kid is different, so treat these as ideas, not rules. Younger chores still count as they grow!

Ages 2-3

- ☐ Put toys in a bin
- ☐ Put clothes in hamper
- ☐ Wipe up small spills
- ☐ Help feed the pet
- ☐ Put books on the shelf
- ☐ Dust with a sock on their hand

Ages 4-5

- ☐ Make the bed (their way!)
- ☐ Set napkins & spoons
- ☐ Match socks
- ☐ Water plants
- ☐ Clear their own plate
- ☐ Help unload groceries

Ages 6-8

- ☐ Put away clean laundry
- ☐ Sweep the floor
- ☐ Empty small trash cans
- ☐ Help pack lunch
- ☐ Feed the pet on their own
- ☐ Make their own snack

Ages 9-12

- ☐ Load & unload dishwasher
- ☐ Vacuum a room
- ☐ Take out trash & recycling
- ☐ Fold & put away laundry
- ☐ Help cook simple meals
- ☐ Wash the car

Ages 13+

- ☐ Do their own laundry
- ☐ Clean the bathroom
- ☐ Mow the lawn
- ☐ Cook a family dinner
- ☐ Grocery run with a list
- ☐ Babysit a younger sibling

Tip: Start with 2-3 chores and add more as they get the hang of it.
Show them how once, then let them do it their way. Done beats perfect!